


Pony Express

Volume 11, Issue 1

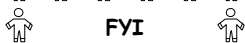
September, 2008

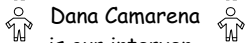
Calendar

- Sept. 4th– School Pictures
- Sept. 11th– Open House, 6PM
- Sept. 12th– Social in commons, 2:30-4:00
- Sept. 22nd- PTO Meeting 6:30 in Library
- Oct. 2nd– Picture retakes
- Oct. 10th-No School Professional Day
- Oct. 29th-End of 1st Quarter

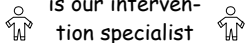


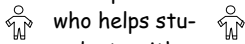
FYI

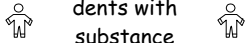


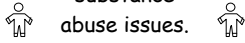


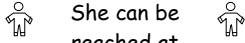
 Dana Camarena is our intervention specialist who helps students with substance abuse issues. She can be reached at

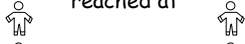


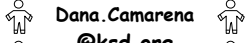


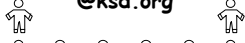

















From Sue Denslow's Desk



Dear Parents:
 We are excited to welcome **914** students to the new school year. This is the largest number of students in our 15-year history. We have several new and very capable teachers to serve our students. Please welcome:

Arnie Sullivan	8 th grade math
Tammy Fraga	7th grade math
Becky Broadbent	Special Education grades 7 and 8
Cathy Guajardo	6th grade reading/language arts
Corie Kelly	6th grade reading/language arts
Greg Brooks	Health/Fitness
Susie Oord	Special Education grades 6 and 7
Angeline Hutton	7 th grade Language Arts, Reading and Social Studies
Natalie Maiuri	6th grade math
Perry Kelly	Band

Our experienced faculty is dedicated to excellence for all students. We continuously look for new ways to help students be successful. Our partnership with parents is very important to maximize learning. Here are some ways you can help ensure the success of your children and our school:

- Keep close tabs on your student's progress through Parent Portal. You can receive regular progress reports sent to you via email. (if you need help with Parent Portal, call Shelly Reed at **222-6596**).
- Join PTO and participate in projects to enrich our classroom experiences
- Visit at lunch or in the classroom (24-hour notice please)
- Check our upcoming school events, or read site council and PTO minutes on our website.

At Horse Heaven Hills, we expect good things and work together to make them happen. Please let us know how we can address your questions or concerns. Our office hours are from 7:15 am to 2:45 pm. You can find email addresses for individual teachers and other valuable information at www.ksd.org.

Thank you for the wonderful kids you send us! We take pride in watching them grow!

Susan Denslow

Principal Horse Heaven Hills Middle School
susan.denslow@ksd.org



Nurse Bakker's
Corner:

Meningitis is a serious infection of the brain and blood caused by bacteria. Symptoms are a high fever, intense headache, nausea and often vomiting, and stiff neck. The disease is spread from person to person by direct contact with nasal or throat secretions of an infected person or close contacts. Although not required for school attendance, the vaccination can help protect against up to 65 percent of the meningococcal disease cases. The vaccine and additional information may be obtained from your child's physician or the local health department.

For more information on the disease please visit
WWW.doh.wa.gov/cfh/immunize

Another recommended vaccine for females is the Human Papillomavirus (HPV). HPV is a very common virus that is spread through genital contact. At least 50 percent of sexually active people will get HPV at some time in their lives. There are many types of HPV; some types can cause cervical cancer or genital warts.

Most people with HPV have no signs or symptoms. Some people know they have HPV because they have a symptom like genital warts or women may find out through cervical cancer screening (Pap tests) and HPV testing.

The best way to prevent HPV infection is to abstain from all sexual activity. People with only one lifetime partner can get HPV if their partner had previous sexual partners. It is uncertain how well condoms protect against HPV infection. However, condom users do have lower cervical cancer rates.

The HPV vaccine, Gardasil,® protects against four types of HPV which cause 70 percent of cervical cancers and 90 percent of genital warts. The vaccine does not protect against all types of HPV or other sexually transmitted infections. The vaccine also does not protect against any type of HPV that someone already has. Current studies show that HPV vaccine protection lasts up to 5 years. Research will continue to determine the length of the HPV vaccine's protection.

The federal Advisory Committee on Immunization Practices recommends the HPV vaccine for all girls age 11-12 years. The vaccine can also be given to females as young as nine and up to 26 years, if their doctor recommends it. HPV vaccine is given as a series of three shots over a six month period.

Ask your doctor, nurse, or local health clinic to find out whether your daughter needs the HPV vaccine and where you can get it. Most providers in Washington will have state-supplied HPV vaccine and there will be no cost to parents (of girls under 19 years) for the vaccine. Providers may charge an office visit and/or administration fee.

It's a Walk-A-Thon!!!!

Our HHHMS students will be collecting pledges for our Annual ASB Fund-raiser. They will be walking on **Friday, September 19th** for one class period. This fundraiser supports our schools ASB activities which include 6th grade intramurals, Drama & Art Clubs, Student Recognition, and all of our sports. These programs depend on ASB funds throughout the year for all their supplies, materials, equipment, and uniforms. We can't do this without your help and sponsorship.

If your student is volunteering their time and efforts to help us raise money, they will have a signup sheet which will require a parent signature. **All monies are due by October 1st**. We appreciate your support – please watch for this information to come home with your student(s). Any questions, feel free to call **Cathy Dickey @ 222-6800**.



.PTO NeedsYou!

Horse Heaven Hills needs PTO members!
Our first meeting will be **6:30 PM** on **September 22, 2008** in the Library!!

Students attending High School level sports must be accompanied by an adult or they will not be admitted to the game.



Reminder to turn clocks back 1 hour on November 2, 2008.



Access the newsletter or e-mail teachers at:

<http://www.ksd.org/hhh/>



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